

NAAC Accredited Grade 'B' College

Ref. No. SSM/.....

Date: 12/03/2022

Phone: 03222 248221





Annual Sports of Sabang Sajanikanta Mahavidyalaya for the year 2022, is proposed to be held on 16<sup>th</sup> & 17<sup>th</sup> March'2022 at our College Ground.

Co-operation from all corner is highly solicited for smooth running of the said programme.

Students are asked to contact Prof. Subrata Maity, Convener of the Annual Sports and Head of the Physical Education to register their names in the following events before 15<sup>th</sup> March 2022. Students may also registered their name through the following links of the Google Form: <u>https://forms.gle/U8tBTHZyPFfuKYmQ9</u>

All the Hod's are requested to recommend the name of four students (2 bays and 2 girls) from their respective department within  $15^{th}$  March 2022 who will act as a volunteer of the said sports meet.

## List of Events

<u>Boys</u>

- 1. 100 Mt. Run
- 2. 200 Mt. Run
- 3. 400 Mt. Run
- 4. 800 Mt. Run
- 5. 1500 Mt. Run
- 6. Brow Jump
- 7. High Jump
- 8. Triple Jump
- 9. Shot Put
- 10. Discus Throw
- 11. Javelin Throw

## Girls

- 1. 100 Mt. Run
- 2. 200 Mt. Run
- 3. 400 Mt. Run
- 4. 800 Mt. Run
- 5. 1500 Mt. Run
- 6. Brow Jump
- 7. High Jump
- 8. Triple Jump
- 9. Shot Put
- 10. Discus Throw
- 11. Javelin Throw
- 12. Musical Chair

## **Rules:**

- 1. In boys events a participant can take part in '3' events
- 2. Girls also cannot take part in not more than "3" events besides musical chair.

rafate Maite Convener 1/03/22 Estd-1970 Principal, 14/03/2022 Lutunia, Paschim Medinipur Sabang Sajapikanta Mahavidyala bang Sajanikanta Mahavidyalaya Sabang Sajanikanta Mahavidyalaya P.O. Lutunia, Dist., Paschim Medinipur